



Yoga Alliance Registered • Washington State-Licensed Vocational School  
 Yoga Teacher Training & Advanced Studies  
 200 HOUR CERTIFICATION  
**PROGRAM GUIDE**

## in-tent

### –noun

1. something that is intended; purpose; design; intention: *“Our intent is to bring quality yoga to our community”*.
2. the act or fact of intending, as to do something.
3. the state of a person's mind that directs his or her actions toward a specific object.
4. meaning or significance.

### –adjective

1. firmly or steadfastly fixed or directed, as the eyes or mind: *an intent gaze (drishti)*.
2. having the attention sharply focused or fixed on something: *intent on teaching yoga*.
3. determined or resolved; having the mind or will fixed on some goal: *intent on doing our best*.

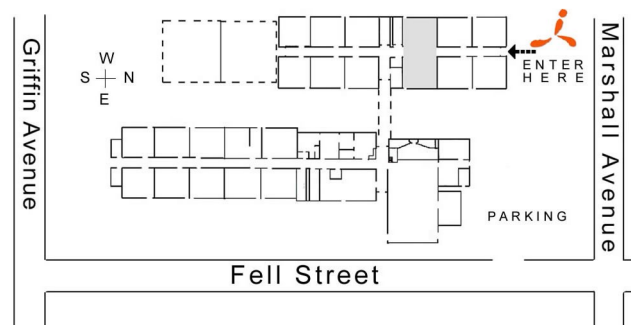
### –synonyms

Intention, aim, plan, plot.

### –origin

from Latin *intentare*, stretch out toward

We are located in JJ Smith School in Enumclaw



THIS SCHOOL IS LICENSED UNDER CHAPTER [28C.10](#) RCW; INQUIRIES OR COMPLAINTS REGARDING THIS OR ANY OTHER PRIVATE VOCATIONAL SCHOOL MAY BE MADE TO THE :

WORKFORCE TRAINING AND EDUCATION COORDINATING BOARD  
 128 TENTH AVENUE SW, PO BOX 43105, OLYMPIA, WASHINGTON 98504-3105

WEBSITE: [www.wtb.wa.gov](http://www.wtb.wa.gov) PHONE: 360-753-5662 E-MAIL ADDRESS: [wtech@wtb.wa.gov](mailto:wtech@wtb.wa.gov)

**Intent Yoga Center** ...carry OM  
 1640 Fell Street, Suite 17 & 18, Enumclaw, WA 98022  
[www.intentyogacenter.com](http://www.intentyogacenter.com) • 360.825.8282 • [info@intentyogacenter.com](mailto:info@intentyogacenter.com)

# 200 Hour Teacher Training

Yoga Alliance Registered • Washington State-Licensed Vocational School

## Welcome to Intent Yoga

“Intent” is a very powerful word, purposeful, direct and focused.

At Intent Yoga Center my intent and **mission** is to bring quality yoga and training to the Enumclaw Plateau and South East King County. It is my **vision** to see yoga taught in local hospitals, assisted living facilities, nursing homes, schools and churches, creating employment opportunities for quality, well trained instructors.

Since opening Intent Yoga in May 2006 I have dreamed of creating a non-profit that would help pay instructors to teach seniors, disabled, teen moms, abused kids and others in need. In order to achieve this dream it is imperative to first train instructors how to safely teach yoga and develop programs for special needs populations. I also see the need for raising money for scholarships for those with a desire and passion to learn but lacking the financial means to otherwise participate.

Yoga is so much more than simply a system of exercise or series of poses. It transforms and heals, offering wisdom and techniques that create union within the mind, heart, body and spirit. Intent Yoga purposefully integrates and is inspired by several styles of yoga from B.K.S. Iyengar yoga of alignment using props and modifications, Sri Patthabi Jois inspired ashtanga with its power and repetition, the therapeutics of Gary Kraftsow’s viniyoga, and the dance and flow of one pose to the next of vinyasa.

I hope through the creation of a yoga teacher training facility in Enumclaw to educated small communities on the Plateau of the wonderful, healing, and transformational benefits yoga provides. I would like to see local gyms and health clubs requiring 200 Hour Yoga Certification of their instructors in order to provide safe teaching practices in their facilities. I want men, women and children to be inspired to take up the practice of yoga.

Please feel free to contact me either by phone 253-797-0125 or email [jean@intentyogacenter.com](mailto:jean@intentyogacenter.com).

I invite to join our journey,

*Jean Hoiland*

Jean Hoiland  
Intent Yoga - Founder, Owner, Instructor & Studio Director



...carry OM (our business mantra)

‘OM’ has many meanings: from the supreme ‘word’ and sacred syllable to the mystic essence of the universe. AUM or OM is uttered at the beginning and end of prayer, chants, meditation and yoga practice as a way of assent and acceptance of the practice. At Intent Yoga we hope to inspire students and teachers to take the healing benefits of yoga out of the classroom and into their daily lives...hence our mantra/slogan of ‘carry OM’.

Intent Yoga is a Registered Yoga School with Yoga Alliance and is the first Washington State-licensed Vocational School for yoga teachers in South East King County and the Enumclaw Plateau. Your courses are taught by select experienced Yoga Instructors, valued for their dedication and deep commitment to supporting their students’ growth. Join us as we learn to ‘live’ and ‘be’ our yoga rather than just “doing it”.

**Our facility** is heated to about 80 degrees (sometimes higher) with added humidity in order to help facilitate better stretching and help prevent injuries. We supply blocks, straps, blankets and bolsters for use in the studio during training. Our practice studio is about 950 sq ft. We also have 950 sq ft with changing rooms, kitchenette and seating. We encourage socializing and have plenty of room for sharing a midday meal and tea.

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## Letter from 'Dennis Eagan' Program Director and Senior Instructor

Dear prospective Advanced Study participants,

Thank you for your interest in the Intent Yoga training program. I'd like to give you a little more information on my background so that you can decide if our program is right for you.

I started practicing yoga in earnest in 1989 and gradually developed an hour-long home practice under the guidance of Lynne Minton, a wonderful Iyengar-style teacher in Anchorage, Alaska. Yoga saved me from back surgery (I have a structural problem with my spine). Practicing yoga for the past 20 years has allowed me to lead a very active life. It was the positive results I experienced in my own body that inspired me to learn more about yoga.

After 9 years of dedicated practice, I decided to move to Berkeley, California to pursue yoga studies full time at the Piedmont Yoga Studio, directed by Rodney Yee. I graduated from their 320-hour program in December of 1998 and have been teaching ever since. Originally, I only planned to be in the Bay Area for a year or two, but I quickly discovered the training program was just the tip of a very large iceberg, and that the bay offered an extremely rich pool of yoga teachers. I ended up spending seven years in Berkeley teaching 15 classes a week and attending weekly classes with Donald Moyer, the director of the Yoga Room (one of the earliest yoga programs in the country), Tony Briggs, the director of Turtle Island Yoga, and of course Rodney. In addition, I had access to countless workshops on weekends with other top teachers: Ramanad Patel, Tias Little and Richard Freeman to name a few.

I have studied four of the popular schools of yoga that are currently out there and found that each one of them contributed much to my home practice. It is from my own practice and the knowledge I've gained from my mentors that my teaching springs forth. As a sadhaka (student) I could never overlook the importance of alignment that I've learned under the Iyengar teachers I have studied with. Our program emphasizes sound bio-mechanical principles and proper use of props. As an avid vinyasa practitioner and kayaker I also emphasize close attention to the breath and the importance of movement and flow. In our program you will learn both the assets and liabilities of the athletic styles of vinyasa and power yoga. The third corner stone of our program is the philosophy behind the practice. You will walk away from the program with the understanding that yoga is much more about moving energy than it is about stretching. It is more about tapas (internal heat 'essential energy') than it is about external heat. Finally, the program will give you a sound foundation in anatomy and the therapeutic aspects of the practice.

I encourage you to contact me directly, either by phone 530. 626.6352, or email me [denniseagan@hotmail.com](mailto:denniseagan@hotmail.com) any questions or concerns you might have.

Whether or not you become a yoga teacher, an immersion program will deepen both your understanding of yoga and your personal practice. Don't be surprised if it changes your life.

I hope you will join us. It will most certainly be a great adventure.

Namaste,



Dennis Eagan  
E-RYT 500 (Yoga Alliance)  
Program Director and Senior Instructor



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**Practice to Learn** (*asana, pranyama, bandhas, meditation, ayurveda...*)

**Write to Know** (*book reviews, class evaluations, and special topic articles*)

**Teach to Master** (*observe, assist and teach*)

Our intent and purpose is for participants to advance their knowledge and practice of yoga asana, pranayama, meditation, chanting and philosophy gaining the skills and confidence to instruct others. Intent Yoga's program format is guided by the 5 elements (Earth, Water, Fire, Air, and Space) in relation to the asana practices and other topics. We will study traditional yoga philosophy from a contemporary and practical approach. Topics included in the program are: the 8 limbs of yoga, in-depth study of the yamas and niyamas, as well as excerpts by yogis and mystics from traditions across the globe.

- **Techniques (100hrs)** – the guided practice of, and analytical training in traditional yoga techniques, including yoga asana, pranayama, chanting, mantra, and meditation
- **Teaching Methodology (30hrs)** – principles of demonstration, observation, assisting/correcting, instruction, teaching styles, qualities of a teacher, and business aspects of teaching yoga
- **Anatomy and Physiology (20 hrs)** – Physical anatomy and physiology (human bodily systems of bone, muscle, organs, etc) as well as energy anatomy and physiology (chakras, nadis, meridians, etc.)
- **Yoga Philosophy, Lifestyle, and Ethics for Yoga Teachers (30hrs)** – the business of teaching yoga will also be included.
- **Practicum (30hrs)** – actual practice teaching, giving and receiving feedback and observing others teaching.

**Dates** (see detailed schedule page 7)

Our 200 Hour Certification is offered in a weekend format meeting 8 weekends over 10 months.

Each weekend will consist of 16-22 hours meeting Friday (noon-8pm or 5-9pm), Saturday (10:30am-7:00pm), and Sunday (9am-4pm). Dates are: Jan 8-10, Feb 5-7, Mar 5-7, Apr 2-3, May 7-8, Jun 4-6, Sept 24-26, Oct 8-10

**Cost** (see pay options page 10)

\$ 2,000 Module I (\$500 deposit paid by November 15<sup>th</sup>, remainder paid by December 15<sup>th</sup>)

\$50 Program Manual (due the first day of class)

\$ 600 Module II (\$100 deposit paid by August 15<sup>th</sup>, remainder paid by September 1<sup>st</sup>)

Tuition does not include lodging, food, books and materials, or travel expenses. For more information on how to make payments, see the Payment Options Form on page 3 of the Application.

## Prerequisites

It is recommended that participants have one year of yoga practice in a class room setting, where they have learned alignment based yoga. Exceptions made on an individual basis. All participants should be open and eager to transform their life.

## How to Apply for our Program

Please complete the Application located at the end of this document. Mail your application to:

Intent Yoga Center  
1640 Fell Street  
Suit 17 & 18  
Enumclaw, WA 98022

Applications are due by November 15<sup>th</sup>, 2009 along with \$100 registration fee. We will contact you by email as soon as we receive and evaluate your Application to confirm your acceptance, and an additional payment of \$400 is due by November 15<sup>th</sup> to secure you space in the program

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## Required Reading

We will use the following four textbooks:

1. Yoga the Iyengar Way by Silva & Mira Mehta
2. Anatomy of Movement, by Blandine Calais-Germain\*\*
3. The Yoga Sutras of Patanjali\*
4. The Bhagavad Gita\*
5. Program Manual by Dennis Eagan (Cost of manual is \$50 and will be provided the first day of class. Additional pages will be provided and added to the manual as we progress through the program.)

\*Note: Many books come with commentary on the Sutras and Bhagavad Gita. It is not important that everyone have a copy by the same author. Check for used book.

\*\*Note: there are two Anatomy of Movement books. The one on exercise is not required for the course.

## Frequently Asked Questions

### What certificate will I receive?

With your successful completion of the program requirements (course hours and homework) you will earn the 200-Hour Course Completion Certificate from Intent Yoga. This Certificate enables you to register with the Yoga Alliance at the 200-hour level.

### What is the Yoga Alliance?

The Yoga Alliance was created to establish national standards for yoga teachers. Over the years, it has grown to become the nationally recognized body of yoga teacher training standards. Yoga Alliance does not certify teachers; instead it provides a list of teachers who have fulfilled certain yoga teacher training minimum standards. Those standards make up the 200-hour level and the 500-hour level of most teacher training programs today. Most studios and yoga teaching venues require teachers to be registered with the Yoga Alliance in order to teach yoga.

### When can I register with Yoga Alliance?

With your successful completion of the program requirements (course hours and homework) you will earn the 200-Hour Course Completion Certificate from Intent Yoga. This certificate is the documentation that you need to complete your application to become a Registered Yoga Teacher at the 200-hour Level, becoming a "RYS-200."

### What if I miss a class?

To receive your Course Completion Certificate and be eligible for Yoga Alliance registration, you must complete 100% of the classes and requirements. In addition, you must attend the first weekend of the course, all modules MI-1 through MI-6. However, we understand that you may not be able to foresee every conflict, so we have devised the following procedures if you must miss a class (3-4 hour module). We have incorporated 5 hours of 'grace' into the contact hours of our program. If you must miss one module (3-4 hour class) of the course you will still have enough hours for completion. However you will need to get handouts, notes and other pertinent information from another participant. Missed modules may also be made up in the following ways:

- If you miss 1-3 modules (up to 12 hours), you may still complete the program by making up missed classes by taking private lessons with a teacher training instructor. One module (4 hours) = 1.5 hours of private instruction, at a cost of \$120 per 1.5 hour session. Private lesson make-ups must be completed within 30 days of the completion of your course.
- If you miss more than 3 modules, you may continue in the course, but you will not be eligible for a Course Completion Certificate. If you wish to receive a Course Completion Certificate, you will have to retake the course.

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## **Who will be my instructor?**

The 200-hour course will be taught by Dennis Eagan and Jean Hoiland. Dennis Eagan is registered with Yoga Alliance as an E-RYT (“Experienced Registered Yoga Teacher”) at the 500 hour level (the highest level awarded). He has been hand-selected by Intent Yoga founder Jean Hoiland, who has been teaching continuously since 2004 and has over 3,000 hours of experience teaching alignment based yoga. Both have studied for many years.

## **How many people will be in class and do you offer financial aid?**

We require a minimum of 6 students and accept a maximum of 20 students. In most cases, you will have one senior teacher and one assistant. There is no financial aid at this time.

## **Will I have homework?**

Yes, you will have 4 books to read and anatomy worksheets to complete. Expect about 25 hours of homework during the 200-hour course.

## **How much should I expect to pay for books and materials?**

Your books should cost around \$60-\$75, the Program Manual is \$50 and provided first day of class. You can order them from the Intent Yoga Center Online Amazon Store, or find them at other book resellers.

## **After I graduate, where will I be able to teach?**

Upon completion, you will be able to apply to teach alignment-based yoga at a variety of venues, such as studios, gyms, park departments, and schools. While there are no legal requirements for teaching yoga, most yoga studios require their teachers to be registered with Yoga Alliance. The 200-hour level of training will equip you to teach basic classes; your teaching repertoire will grow as you increase your level of training.

## **Do you provide transcripts?**

You will be provided with a certificate of completion. Files will be maintained for 50 years. If you need additional copies there will be a fee of \$10.

## **Do you help graduates find teaching jobs?**

Intent Yoga does not offer job placement assistance. However, preference in hiring teachers for Intent Yoga Center classes will be given to graduates of our training program.

## **General Information**

### **Dress Code**

Students are to be properly attired to practice yoga at all times. Bring extra clothing. Clothing should consist of light weight knit pants with elastic waist and comfortable tops. Layers are best for regulating heat.

### **Student Conduct**

Students must adhere to the rules and regulations of Intent Yoga. The Administration of Intent Yoga reserves the right of judgment, to place on probation and/or terminate a student on any of the following grounds:

1. Excessive absences or tardiness. (if more than 3 modules are missed, course will need to be retaken)
2. Breach of Intent Yoga enrollment agreement (failure to pay fees when due).
3. Entering school premises while under the influence of alcohol, or drugs.
4. Carrying a concealed or potentially dangerous weapon.
5. Actions that detract from the normal operation of Intent Yoga and the training program.
6. Theft.

### **Reinstatement**

Re-entry to program will depend on student's progress prior to misconduct.

<b>Start Date</b>	<b>1/8/2010</b> (may start January 7 <sup>th</sup> observing intro classes)			
<b>Total Hours</b>	185.00 (120 Module I, 40 Module II, and 25 observing, assisting, teaching)			
<b>Modules Taught</b>	<b>Date</b>	<b>Hours</b>	<b>Studio Time</b>	
First opportunity for <b>observing</b> an Introduction to Yoga class will be January 7 <sup>th</sup> from 7:30-9:00pm				
MI-1	MI-2	Friday, January 8, 2010	7.5	Noon-4:00pm and 4:30-8:00pm
MI-3	MI-4	Saturday, January 9, 2010	8	10:30am-2:30pm and 3:00-7:00pm
MI-5	MI-6	Sunday, January 10, 2010	6.5	9:00am-noon and 12:30-4:00pm
<b>Observe</b> (10 hours total) 'Intro to Yoga' classes 7:30-9:00pm Thursday (meets 4 times each month). Other classes may be observed and evaluated, please make arrangements with Jean Hoiland.				
MI-7	MI-8	Friday, February 5, 2010	7.5	Noon-4:00pm and 4:30-8:00pm
MI-9	MI-10	Saturday, February 6, 2010	8	10:30am-2:30pm and 3:00-7:00pm
MI-11	MI-12	Sunday, February 7, 2010	6.5	9:00am-noon and 12:30-4:00pm
<b>Observe</b> (10 hours total) 'Intro to Yoga' classes 7:30-9:00pm Thursday (meets 4 times each month). Other classes may be observed and evaluated, please make arrangements with Jean Hoiland.				
MI-13	MI-14	Friday, March 5, 2010	7.5	Noon-4:00pm and 4:30-8:00pm
MI-15	MI-16	Saturday, March 6, 2010	8	10:30am-2:30pm and 3:00-7:00pm
MI-17	MI-18	Sunday, March 7, 2010	6.5	9:00am-noon and 12:30-4:00pm
<b>Assist</b> (10 hours total) 'Intro to Yoga' classes 7:30-9:00pm Thursday (meets 4 times each month). Other classes may be observed and evaluated, please make arrangements with Jean Hoiland.				
MI-19	MI-20	Friday, April 2, 2010	8	Noon-4:00pm and 4:30-8:30pm
MI-21	MI-22	Saturday, April 3, 2010	8	10:30am-2:30pm and 3:00-7:00pm
<b>4/4 – Easter Observed</b>			<b>No Class</b>	
<b>Assist</b> (10 hours total) 'Intro to Yoga' classes 7:30-9:00pm Thursday (meets 4 times each month). Other classes may be observed and evaluated, please make arrangements with Jean Hoiland.				
MI-23	MI-24	Friday, May 7, 2010	8	Noon-4:00pm and 4:30-8:30pm
MI-25	MI-26	Saturday, May 8, 2010	8	10:30am-2:30pm and 3:00-7:00pm
<b>5/9 – Mother's Day Observed</b>			<b>No Class</b>	
<b>Teach</b> (5 hours total) You will be teaching an intro series either at Intent Yoga Center or somewhere that you would like to share the experience of yoga. Senior center, woman's group, church group....				
MI-27	MI-28	Friday, June 4, 2010	7.5	Noon-4:00pm and 4:30-8:00pm
MI-29	MI-30	Saturday, June 5, 2010	8	10:30am-2:30pm and 3:00-7:00pm
MI-31	MI-32	Sunday, June 6, 2010	6.5	9:00am-noon and 12:30-4:00pm
<b>Take the summer off, catch up on observation, assisting and teaching if need be.</b>				
MII-1		Friday, September 24, 2010	4	5-9:00pm
MII-2	MII-3	Saturday, September 25, 2010	8	10:30am-2:30pm and 3:00-7:00pm
MII-4	MII-5	Sunday, September 26, 2010	8	9:00am-1:00pm and 1:30-5:30pm
Schedule make up sessions for any missed modules. Missed modules must be made up within 30 days from the end of Module II.				
MII-6		Friday, October 8, 2010	4	5-9:00pm
MII-7	MII-8	Saturday, October 9, 2010	8	10:30am-2:30pm and 3:00-7:00pm
MII-9	MII-10	Sunday, October 10, 2010	8	9:00am-1:00pm and 1:30-5:30pm



## 200 Hour Teacher Training Application

### Personal Information

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work/Cell Phone \_\_\_\_\_

Email \_\_\_\_\_ Date of Birth \_\_\_\_\_

Occupation \_\_\_\_\_

### High School Education

Name, City, State \_\_\_\_\_

Graduation Date \_\_\_\_\_ or GED Date \_\_\_\_\_

### College Education

Name, City, State \_\_\_\_\_

Dates Attended \_\_\_\_\_

Degree Earned \_\_\_\_\_

How did you learn about Intent Yoga Teacher Training & Advanced Studies program?

\_\_\_\_\_

How would you rate your overall health? \_\_\_\_\_

\_\_\_\_\_

Do you have any medical conditions? \_\_\_\_\_

\_\_\_\_\_

**Please answer the following questions on separate paper (typed; no more than 2 pages)**

1. What styles of yoga and meditation have you done and for how long? Which teachers inspire you?
2. Briefly describe your current yoga and meditation practice. Include current challenges and breakthroughs.
3. Have you taken any courses at Intent Yoga? If so which one(s)?
4. Have you taken a teacher training or advanced studies course before? If so, which one(s)?
5. Do you currently teach yoga? If so, describe your teaching style and purpose. If not, do you intend on teaching after completion of the program. If not, why?
6. What are your expectations for this training? What do you hope to learn?

*We look forward to having you in our program!*

**Submitting Your Application**

We require commitment of at least 6 participants; please get your application in as early as possible, no later than November 15<sup>th</sup> 2009. Send your completed application to:

Intent Yoga Center  
1640 Fell Street, Suite 17  
Enumclaw, WA 98022

**Include:**

\_\_\_\_\_ Application and Enrollment Agreement (this document and following pages)

\_\_\_\_\_ Your typed answers to the questions above

\_\_\_\_\_ Your \$100 Registration Fee

**Tuition and Fees**

Please choose a payment option on the next page. Early Bird price is \$2,000 paid in full by November 15<sup>th</sup>, 2009.

**What Happens Next?**

We will contact you by email as soon as we review your application to confirm your enrollment. In order to receive Early Bird discount, your tuition balance must be paid in full by November 15<sup>th</sup>, 2009. For the regular tuition, your balance is due by December 15<sup>th</sup>, 2009.



# 200 Hour Teacher Training Enrollment Agreement

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**This Enrollment Agreement is between Intent Yoga Center and:**

STUDENT'S NAME: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

**The school agrees to provide the following training:**

Yoga Teacher Training & Advanced Studies - 200 Hour Certification

**Start date:** \_\_\_\_\_ **Completion date:** \_\_\_\_\_

**Program consists of 200 hours of course work.**

## Cost

Registration fee.....	\$ 100
Tuition Module I.....	\$ 1,900
Books ( <u>approximate</u> , these will need to be purchased via Amazon or other book seller).....	\$75
Program Manual (provided first day of class) .....	\$50
Tuition Module II.....	\$ 600
Total (excluding food, lodging or other supplies).....	<u>\$ 2,725</u>

## **Agreement is binding:**

This agreement will be binding only when it has been fully completed, signed, and dated by the student and an authorized representative of the school prior to the time instruction begins.

## **Changes in the Agreement:**

Any changes in the agreement will not be binding on either the student or the school unless such changes are acknowledged in writing by an authorized representative of the school and by the student or the student's parent or guardian if he/she is a minor.

## **Effective Date of Acceptance:**

I certify that I have read and understand the cancellation and refund policy and the complaint procedure; I have received a copy of the school catalog or brochure; and I am entitled to an exact copy of this Enrollment Agreement, school catalog, and any other papers I sign.

# 200 Hour Teacher Training Enrollment Agreement

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## Cancellation of Classes:

The school reserves the right to cancel a starting class if the number of students enrolling is insufficient. Such a cancellation will be considered a rejection by the school and will entitle the student to a full refund of all money paid.

## Cancellation and Refund Policy for Resident Training Programs:

1. The school must refund all money paid if the applicant is not accepted. This includes instances where a starting class is canceled by the school.
2. The school must refund all money paid if the applicant cancels within five business days (excluding Sundays and holidays) after the day the contract is signed or an initial payment is made, as long as the applicant has not begun training.
3. The school may retain an established registration fee equal to ten percent of the total tuition cost, or one hundred dollars, whichever is less, if the applicant cancels after the fifth business day after signing the contract or making an initial payment. A “registration fee” is any fee charged by a school to process student applications and establish a student record system.
4. If training is terminated after the student enters classes, the school may retain the registration fee established under (3) of this subsection, plus a percentage of the total tuition as described in the following table:

<b>If the student completes this amount of training:</b>	<b>The school may keep this percentage of the tuition cost:</b>
One week or up to 10%, whichever is less	10%
More than one week or 10% whichever is less but less than 25%	25%
25% through 50%	50%
More than 50%	100%

5. When calculating refunds, the official date of a student’s termination is the last day of recorded attendance:
  - (a) When the school receives notice of the student’s intention to discontinue the training program; or,
  - (b) When the student is terminated for a violation of a published school policy which provides for termination; or,
  - (c) When a student, without notice, fails to attend classes for thirty calendar days.
6. All refunds must be paid within thirty calendar days of the student’s official termination date.





## NOTICE

Washington law requires the following information to be supplied to each student enrolling in a private vocational school licensed under RCW 28C.10. One copy of this notice bearing original signatures must be attached by the school as an addendum to that individual's enrollment agreement and a copy must be provided to the enrollee by the school.

## ACKNOWLEDGMENT BY ENROLLEE

1. I understand and accept that any contract for training I enter into with the above named school contains legally binding obligations and responsibilities.
2. I understand and accept that repayment obligations will be placed upon me by any loans or other financing arrangements I enter into as a means to pay for my training.
3. I understand that any enrollment contract I enter into will not be binding or take effect for at least five days, excluding Sundays and holidays, following the last date such a contract is signed by *Intent Yoga* and me, provided that I have not entered classes sooner.

Name (Please print) \_\_\_\_\_

Signed: \_\_\_\_\_

Dated this \_\_\_\_ day of \_\_\_\_\_, 19\_\_

## ACKNOWLEDGMENT SCHOOL

Prior to being enrolled at *Intent Yoga*, the applicant whose name and signature appears below has been made aware of the legal obligations he/she takes on by entering into a contract for training. Those discussions included cautions by *Intent Yoga* about acquiring an excessive debt burden that might become difficult to repay given employment opportunities and average starting salaries in his/her chosen occupation.

Signed: \_\_\_\_\_

Title: \_\_\_\_\_

Dated this \_\_\_\_ day of \_\_\_\_\_, 19\_\_